




GUILT
— & CO. —

BREAKFAST

 @guiltandcoeatery

SHOTS

Breakfast Shot

R24

Tumeric Shot

R28

Croissant R38

Freshly baked croissant, served with butter & jam

add bacon R32

add cheddar cheese R26

Fry Up - served with sourdough toast R126

2 Eggs, crispy bacon, beef sausage, tomato
& sautéed button mushrooms

French Toast (V) R88

2 Slices golden slices of French brioche, served with
mascarpone cheese and caramelised fruits

add bacon R32

Avo on Toast R102

Toasted Rye, topped with smashed avocado* & 2 poached eggs

add bacon R32

Eggs on Toast R88

Toasted sourdough topped with creamy scrambled eggs,
Danish feta & cherry tomatoes

Shrooms on Toast R102

Toasted sourdough topped with baby spinach,
creamy button mushrooms & 2 poached eggs

add bacon R32

Eggs in a Basket R108

Two golden brioche bread baskets filled with creamy
mushrooms topped with two poached eggs, crispy bacon
& sprinkled with parmesan shavings

Eggs Benedict R108

Toasted English muffin, topped with Italian ham,
asparagus & 2 poached eggs | Hollandaise sauce

Eggs Florentine R108

Toasted English muffin, topped with sautéed baby spinach
& button mushrooms, asparagus & 2 poached eggs
| Hollandaise sauce

Salmon Onasis R138

Toasted bagel, topped with sautéed baby spinach,
smoked salmon trout, asparagus & 2 poached eggs
| Hollandaise sauce

Mince on Toast R108

Toasted sourdough, topped with Chili Con Carne mince
& 2 poached eggs

Breakfast Croissant R102

Butter croissant, filled with crispy bacon, cherry tomatoes,
white cheddar cheese, scrambled egg & wild rocket

Strawberry Flapjacks R106

Flapjack pancakes served with crispy bacon, strawberries,
mascarpone cheese & drizzled with maple syrup

OMELETTES

3 Freerange eggs with a dash of cream
served with toasted sourdough

- Plain R54
- Italian ham, mature white cheddar R92
- Bacon, button mushrooms, cherry tomatoes, mature white cheddar R102
- Asparagus, baby spinach, Danish feta, mature white cheddar R99
- Smoked salmon trout, whipped cream cheese & spring onions R128

EXTRAS

Bacon	R32	Beef sausage	R30
Egg	R10	Rocket	R18
Baby spinach	R34	Avocado*	R32
Danish Feta	R20	White Cheddar	R24
Mozzarella	R22	Parmesan	R26

HEALTH BREAKFASTS

Breakfast Bowl (V) R108
Fresh summer fruits, Greek yoghurt, granola & honey

Paw Paw & Greek Yoghurt (V) R118
Paw paw smothered in Greek Yoghurt, drizzled with honey & sprinkled with Granola

Oats (V) R90
Creamy jungle oats, topped with caramelised banana & strawberries - made to order

HOT DRINKS

Cappuccino	R30	Grande Cappuccino	R42
Almond Milk Cappuccino	R42	Grande Almond Milk Cappuccino	R52
Soy Milk Cappuccino	R44	Grande Soy Milk Cappuccino	R54
Cappuccino w' Cream	R38	Grande Cappuccino w' Cream	R48
Cortado	R30	Cafe Latte	R36
Machiato	R22	Red Cappuccino	R38
Americano	R28	Single Espresso	R20
Double Espresso	R28	Vanilla Coffee	R52
Spiced Chai Latte	R52	Dirty Chai	R62
Moccachino	R62	Hot Chocolate	R52
Milo	R52	Tea	R20
Earl Grey	R22		

COLD DRINKS

Fresh Pressed Juice -	R48		
orange apple carrot pineapple			
add Ginger	R15		
Sodas	R22	Mixers	R20
BOS Ice Tea	R30	Aqua Panna 250ml Still	R24
Aqua Panna 750ml Still	R64	San Pellegrino 250ml Sparkling	R24
San Pellegrino 750ml Sparkling	R68	Milkshakes	R44
Frulata	R64		

SMOOTHIES

Summer Berry	R68
Black berries, strawberries, blueberries, raspberries, yoghurt, nuts & honey	
Green is Good	R68
Spinach, mint, cucumber, kiwi, celery, ginger, lemon & honey	
Strawberry Bomb	R68
Strawberry, apple, banana, & yoghurt	
Peanut Butter Blast	R78
Peanut butter, blueberries, banana, Whey protein & vanilla	
Tropical	R78
Mango, banana, pineapple & coconut mik	
Peanut Butter Delight	R74
Crunchy peanut butter, banana, yoghurt, Lindt chocolate shavings	
Coffee Freezo	R62
Spiced Chai Freezo	R62

COCKTAILS

Mimosa	R122
Prosecco, fresh pressed orange juice	
Bloody Mary	R108
Tomato juice, vodka - garnished with deep fried halloumi, bacon & a pickle	
Bellini	R106
Prosecco, peach puree	
Margarita	R98
Altos Blanco Tequila, lime juice, Cointreau	
Strawberry Mimosa	R128
Strawberry, orange juice & prosecco	
Vodka Sunrise	R118
Absolut vodka, orange juice & grenadine	
Classic Irish Coffee	R108
Grizzly Bear Espresso, Jameson, Kahlua & whipped cream	
Fuzzy Navel	R98
Orange Juice, Peach Schnapps	
Madras	R109
Cranberry Juice, Absolut Vodka & orange juice	
Easy Peach Sangria	R118
Peach puree, raspberries, white wine, brandy, simple syrup & soda water	
Under The Tuscan Sun	R122
Malfy Rosa Gin, peach puree, red wine, rose' MCC	
Turkish Delight	R122
Inverroche gin, creme de cacao, Rose water, lemon juice	